Scripps Center for Integrative Medicine

6TH ANNUAL

Natural Supplements:

An Evidence-Based Update

A Continuing Education Conference For Health Care Professionals

January 22-25, 2009

Paradise Point Resort • San Diego, California

During this comprehensive conference, renowned faculty will present a clinically relevant overview of the latest information on natural supplements and nutritional medicine with an emphasis on disease states. This popular course provides practical information for health care professionals who make nutritional recommendations or manage dietary supplement use.

New in 2009: extended curriculum and larger exhibit hall!

SPECIAL ACTIVITIES INCLUDE:
Pre-conference seminar, botanical gardens tour, workshops, reception and research competition with poster presentations.

REGISTER AT: WWW.SCRIPPS.ORG/CONFERENCESERVICES

Course Information

Course Description and Needs Assessment

Scientific evidence has shown that food choices and certain supplements can improve health and symptoms of disease. As a result, many Americans are self-prescribing and spending in excess of $20 billion annually on herbal and dietary supplements to address their health concerns. It is important for health care providers to receive timely, evidence-based information in order to address the risks and benefits of supplements with their patients. In this dynamic partnership with patients, providers also need information about regulatory issues, dosing and product potency.

To address these needs, world-renowned faculty will present a concise, clinically relevant overview of natural supplements in evidence-based practice, with an emphasis on disease states. As part of this informative and comprehensive CME conference, attendees will have the opportunity to participate in a full day of highly interactive workshops in order to fine tune clinical applications. This medical education event is a must-attend for anyone wanting to acquire a wide-range of knowledge and expertise for addressing and managing dietary supplement use.

Target Audience

This course is intended for physicians, naturopathic doctors, nurse practitioners, nurses, nurse midwives, acupuncturists, chiropractors, dietitians, pharmacists, physician assistants, psychologists and any other health care professional who makes nutritional recommendations or manages dietary supplement use.

Educational Objectives

After attending this conference, participants should be able to:

- Recognize the potential role of supplements in the management of common medical conditions;
- Examine, through evidence-based summaries and case discussions, key herbal, dietary and natural supplements used in clinical practice, including their indications, side effects, interactions and contraindications;
- Assess the latest supplement developments through original research presentations;
- Acquire tools for effective supplement discussion, documentation and risk management;
- Develop resources for independent research of supplements most common in clinical practice;
- Discuss the regulatory aspects of the supplement industry and implication for clinical and research practice;
- Formulate strategies for effective basic and clinical supplement research; and
- Integrate patient care best-practices related to the evidence-based use of supplements.

Accreditation

Total Credits Available: 20.25

Credit Breakdown:

Bringing Integrative Medicine to Your Practice (Thurs.): 4

Main Conference (Fri.-Sat.): 16.25

Friday 7

Saturday 6

Sunday 3.25

Physicians (M.D., D.O., N.D.): Scripps Clinic is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Scripps Clinic designates this educational activity for a maximum number of 20.25 *AMA PRA Category 1 Credit(s)™*. Physicians should only claim credit commensurate with the extent of the participation in the activity.

Family Physicians (AAFP): This activity has been reviewed and is acceptable for up to 16.25 Elective credits by the American Academy of Family Physicians.

Acupuncturists: This educational program has been approved by the California Acupuncture Board (Provider No. CEP 657) for 20.25 CE hours.

Chiropractors: The California State Board of Chiropractic Examiners accepts *AMA PRA Category 1 Credit(s)™* from organizations accredited by the ACCME. This activity has been approved for a maximum of *20.25 AMA PRA Category 1 Credit(s)™*.

Dietitians: This educational program has been pre-approved by the Commission on Dietetic Registration for 20.5 CPE hours.

Nurses: The California State Board of Registered Nurses (BRN) accepts *AMA PRA Category 1 Credit(s)™* as meeting continuing education requirements for license renewal. Most state Boards of Registered Nurses accept *AMA PRA Category 1 Credit(s)™* as meeting continuing education requirements for license renewal. Nurses should check with their state board regarding use of CME credit.

Nurse Midwives: The American College of Nurse Midwives accepts Category 1 CME credit.

Nurse Practitioners: The ACNP accepts *AMA PRA Category 1 Credit(s)™* from organizations accredited by the ACCME. This activity has been approved for a maximum of 20.25 *AMA PRA Category 1 Credit(s)™*.

Pharmacists: This conference meets CE Standards for Pharmacists by the California State Board of Pharmacy.

Physician Assistants: The American Association of Physician Assistants accepts Category 1 CME approval from organizations accredited by the ACCME.

Psychologists: As of January 1, 2006, the Board of Psychology accepts ACCME credit for license renewal.

Cultural and Linguistic Competency

This activity is in compliance with California Assembly Bill 1195 which requires that all CME activities comprising a patient care element include curriculum addressing the topic of cultural and linguistic competency. The intent of this bill is to ensure that health care professionals are able to meet the cultural and linguistic concerns of a diverse patient population through effective and appropriate professional development. Cultural and linguistic competency was incorporated into the planning of this activity

Industry Support

Scripps would like to thank the following companies for their generous support:

Mannatech · Natural Medicines Comprehensive Database · Quail Botanical Gardens · Nature Made · Thorne Research · WynnPharm · Rottapharm · ProThera · Bioenergy Life Science, Inc. The Ribose Company · Metagenics Genetic Potential Through Nutrition · Vital Nutrients The Leader in Quality Assurance · The National Kidney Foundation Center for Integrative Health · AHMA · American Botanical Council · Mary Ann Liebert, Inc. publishers

Disclosure This course is supported, in part, by commercial support (financial or 'in-kind') and exhibit fees, in accordance with the ACCME Standards for Commercial Support. A full list of contributing companies and disclosure will be provided at the time of the educational activity.

Faculty

Course Directors

Robert Alan Bonakdar, M.D., F.A.A.F.P., A.B.I.H.M.
Director of Pain Management
Scripps Center for Integrative Medicine
La Jolla, California

Mimi Guarneri, M.D., F.A.C.C., A.B.I.H.M.
Co-Founder and Medical Director
Scripps Center for Integrative Medicine
Attending Cardiovascular Disease
Scripps Clinic
La Jolla, California

Rauni Prittinen King, R.N., B.S.N., H.N.C., CHTP/I
Co-Founder and Director of
Programs and Planning
Scripps Center for Integrative Medicine
La Jolla, California

Guest Faculty

Thomas D. Aarts
Nutrition Business Advisors, LLC
Co-Chair, Newport Summit
Nutrition Business Journal
San Diego, California

Jeffrey S. Bland, Ph.D., F.A.C.N., C.N.S.
President, Metaproteomics
Chief Science Officer, Metagenics
Gig Harbor, Washington

Mark Blumenthal
Founder and Executive Director
American Botanical Council
Editor and Publisher, *HerbalGram*
Austin, Texas

Steven Brody, M.D.
Medical Director
Reproductive Endocrine Associates
La Jolla, California

Paul M. Coates, Ph.D.
Director, Office of Dietary Supplements
National Institutes of Health
Bethesda, Maryland

Rebecca B. Costello, Ph.D., F.A.C.N., C.N.S
Director of Grants and Extramural Activities
Office of Dietary Supplements
National Institutes of Health
Bethesda, Maryland

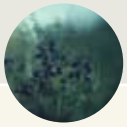
Anna-Maja Dahlgren, M.B.A.
Marketing and Communications Manager
Scripps Center for Integrative Medicine
La Jolla, California

Annette Dickinson, Ph.D.
President, Dickinson Consulting
St. Paul, Minnesota

Paula Gardiner, M.D., M.P.H.
Assistant Professor
Boston Medical Center
Boston, Massachusetts

Scripps Center for Integrative Medicine

Scripps Center for Integrative Medicine blends conventional care with evidence-based complementary treatments and therapies. Physicians and staff at the center take a holistic approach to health and wellness by prescribing a treatment plan that enables people to achieve a cohesive balance of mind, body and soul. The center, located in La Jolla, California, is the largest and most comprehensive hospital-based integrative medicine center in the United States and has been featured on many local and national media outlets, such as the Today Show and PBS. More information about Scripps Center for Integrative Medicine can be found at www.scrippsintegrativemedicine.org.



Cathy Garvey, R.D.
Registered Dietitian
Scripps Center for Integrative Medicine
La Jolla, California

Philip Gregory, Pharm.D.
Assistant Professor, Pharmacy Practice
Center for Drug Information & Evidence-Based Practice, Creighton University
Editor, *Natural Medicines Comprehensive Database*
Omaha, Nebraska

Mary Hardy, M.D.
Medical Director
Simms/Mann-UCLA
Center for Integrative Oncology
Los Angeles, California

David Kiefer, M.D.
Adjunct Faculty, School of
Naturopathic Medicine
Bastyr University
Clinical Instructor of Family Medicine
Department of Family Medicine
University of Washington School of Medicine
Seattle, Washington

Andy Laub
Owner, Farmers Market Tea Company
La Jolla, California

David C. Leopold, M.D.
Director of Integrative Medical Education
Scripps Center for Integrative Medicine
Associate Fellow of Integrative Medicine
University of Arizona College of Medicine
La Jolla, California

Tieraona Low Dog, M.D.
Director of the Fellowship
Arizona Center for Integrative Medicine
Director of Education
Program in Integrative Medicine
Clinical Assistant Professor
Department of Medicine
University of Arizona School of Medicine
Tucson, Arizona

David Perlmutter, M.D., F.A.C.N., A.B.I.H.M.
Medical Director, Perlmutter Health Center
Naples, Florida

R. Brett Ringler
Executive Director
Scripps Center for Integrative Medicine
La Jolla, California

Mary Ruggie, Ph.D.
Professor of Public Policy
Harvard University
Kennedy School of Government
Cambridge, Massachussetts

Scott Shannon, M.D., A.B.I.H.M.
Assistant Clinical Professor
Department of Child Psychiatry, University of Colorado
Denver, Colorado

Victor Sierpina, M.D.
W.D. and Laura Nell Nicholson Family
Professor of Integrative Medicine
Professor, Family Medicine
University of Texas Medical Branch
Galveston, Texas

Jason Theodosakis, M.D., M.S., M.P.H., F.A.C.P.M.
Assistant Professor
University of Arizona College of Medicine
Tucson, Arizona

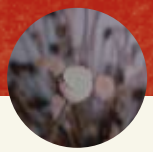
Jay Udani, M.D.
Medical Director, Northridge Hospital
Integrative Medicine Program
Assistant Clinical Professor
UCLA/Geffen School of Medicine
CEO, Medicus Research
Northridge, California

Connie Weaver, Ph.D.
Distinguished Professor and Head
Director, NIH Botanical Center for Age Related Diseases
Purdue University
West Lafayette, Indiana

Wendy Weber, N.D., Ph.D., M.P.H.
Research Associate Professor
School of Naturopathic Medicine
Bastyr University
Kenmore, Washington

Faculty Disclosure It is Scripps Clinic policy to ensure balance, independence, objectivity, and scientific rigor in all sponsored educational programs. Course Directors, planning committees, faculty and all others who are in a position to control the content of any educational activity sponsored by Scripps Clinic are required to disclose any real or apparent conflicts of interest related to the subject matter of the educational activity.

Program



Pre-Conference Activities

Thursday, January 22

Bringing Integrative Medicine to Your Practice

Additional cost

This innovative course is designed for health care providers and administrators looking to improve or introduce integrative holistic medicine to their practices and programs. Scripps Center for Integrative Medicine founders Mimi Guarneri, M.D., Rauni Prittinen King, R.N. and the senior team at the internationally recognized center will share the knowledge behind their success in an intimate and hands-on learning environment. Health care professionals in both traditional and complementary therapies will find this important seminar a valuable resource!

8:00 a.m. Registration & Breakfast

8:30 a.m. Welcome & Introduction

History & Mission
Mimi Guarneri, M.D.

Programs, Services & Education
Rauni Prittinen King, R.N.

Business Plan, Finance & Management
R. Brett Ringler

Philanthropy
Mimi Guarneri, M.D.

Marketing & Public Relations
Anna-Maja Dahlgren, M.B.A.

Q & A and Panel Discussion

12:30 p.m. Box Lunch

1:00 p.m. Bus Leaves to Scripps Center for Integrative Medicine

4:00 p.m. Bus Returns to Paradise Point Resort

4:30 p.m. Pre-Conference Seminar Adjournment

Quail Botanical Gardens Tour

Additional cost, RSVP required – space is limited

Experience the botanical origins of certain modern pharmaceutical agents while understanding how environmental variations can affect the strength and efficacy of natural supplements. Quail Botanical Gardens features over 35 acres of gardens and exhibits. (www.qbgardens.org)

11:30 a.m. Registration & Box Lunch

12:00 p.m. Bus Leaves to Quail Botanical Gardens

12:30 p.m. Quail Botanical Gardens Guided Tour
Mark Blumenthal, David Kiefer, M.D., and Docents

4:00 p.m. Bus Returns to Paradise Point Resort

4:30 p.m. Pre-Conference Tour Adjournment

Friday, January 23

7:30 a.m. Sign-in, Breakfast, View Exhibits & Research Presentations

8:15 a.m. Welcome & Interactive Educational Overview

8:45 a.m. *Keynote Presentation*
Dietary Supplements, Integrative Medicine, and the New Direction in Health Care
Mary Ruggie, Ph.D.

10:00 a.m. Break, View Exhibits & Research Presentations

10:30 a.m. A Review of the Literature
Mary Hardy, M.D.

11:15 a.m. U.S Regulatory Update: Are We Where We Need to Be?
Annette Dickinson, Ph.D.

11:45 a.m. International Regulatory Update
Mark Blumenthal

12:15 p.m. Panel Discussion / Q & A

12:45 p.m. Box Lunch (served in Exhibit Hall), View Exhibits & Research Presentations

2:00 p.m. Anxiety and Depression
Scott Shannon, M.D.

2:45 p.m. Personalized Medicine in the Prevention of Cardiovascular Disease
Mimi Guarneri, M.D.

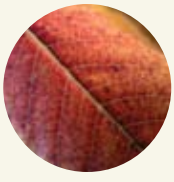
3:30 p.m. Break, View Exhibits & Research Presentations

4:00 p.m. The Emerging Role of Vitamin D in Health and Disease
Connie Weaver, Ph.D.

4:45 p.m. Headache and Pain Management
Robert Bonakdar, M.D.

5:30 p.m. Panel Discussion / Q & A

6:00 p.m. Wine and Cheese Reception
Herbs, Supplements and Health Care: A Lighthearted Look
Mark Blumenthal, introduction by Tom Aarts



Saturday, January 24

7:30 a.m. Registration, Breakfast, View Exhibits & Research Presentations

8:15 a.m. Workshops *(choose one, all provided on course CD-ROM)*

a. **Chocolate and Tea: A Scientific Overview and Tasting Demonstration**
Robert Bonakdar, M.D. and Andy Laub

b. **Bio-Identical Hormones**
Steven Brody, M.D.

c. **Immune and Health in Pediatrics and Adults**
Paula Gardiner, M.D. and Wendy Weber, N.D.

9:45 a.m. Break, View Exhibits & Research Presentations

10:15 a.m. Workshops *(choose one, all provided on course CD-ROM)*

a. **An Update on Important Reactions and Interactions**
Phillip Gregory, Pharm.D.

b. **Probiotics in GI and Pediatric Health**
David Kiefer, M.D. and Victor Sierpina, M.D.

c. **Natural Anti-Inflammatories**
Cathy Garvey, R.D. and David Leopold, M.D.

11:45 a.m. Buffet Luncheon Overlooking the Bay, View Exhibits & Research Presentations

1:00 p.m. Workshops *(choose one, all provided on course CD-ROM)*

a. **Joint Health and Arthritis**
Jason Theodosakis, M.D.

b. **Diabetes and Metabolic Syndrome**
Mimi Guarneri, M.D. and Jay Udani, M.D.

c. **Educating Others on Dietary Supplement Use**
David Kiefer, M.D. and Victor Sierpina, M.D.

2:30 p.m. Break, View Exhibits & Research Presentations

3:00 p.m. Workshops *(choose one, all provided on course CD-ROM)*

a. **Dietary Supplements Resources: Answering Questions at the Point of Care**
Rebecca Costello, Ph.D. and Paula Gardiner, M.D.

b. **Primary and Secondary Cancer Prevention**
Mary Hardy, M.D.

c. **Pediatric and Adolescent Mental Health: A.D.H.D. and Beyond**
Scott Shannon, M.D. and Wendy Weber, N.D.

4:30 p.m. Adjournment

Sunday, January 25

7:30 a.m. Sign-in, Breakfast, View Exhibits & Research Presentations

8:15 a.m. Research Competition Awards Presentation

8:30 a.m. **The Future of Dietary Supplement Research: Answering Important Questions**
Paul Coates, Ph.D.

9:15 a.m. **Update on Nutragenomics**
Jeffrey Bland, Ph.D.

10:00 a.m. Break *(no exhibits)*

10:15 a.m. **Protecting the Brain: Supplements in Alzheimer's and Cognitive Decline**
David Perlmutter, M.D.

11:00 a.m. **Botanicals and Women's Health: Evidence and Practical Clinical Applications**
Tieraona Low Dog, M.D.

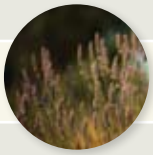
11:45 a.m. **Panel Discussion / Q & A**

12:00 p.m. Conference Adjournment

Exhibit and Support Opportunities

An Exhibitor Prospectus with full details on the many exhibit and support opportunities is available at:

Online	www.scripps.org/conferenceservices
Email	med.edu@scrippshealth.org
Phone	858-652-5400



Call for Abstracts

Research abstracts of original work dealing with natural supplements will be accepted in two categories:

I. Original Clinical Research
II. Basic Sciences / Review / Case Studies

Selected abstracts will be presented in poster format throughout the conference (Friday through Sunday). Winning entries will receive cash prizes and publication in the *Journal of Alternative and Complementary Medicine*. All entries accepted for presentation will receive *The Review of Natural Products* book (compliments of Facts and Comparisons), as well as reduced conference registration ($350 until Dec. 12, $400 thereafter).

- The deadline for submissions is December 12, 2008.
- For additional information and a submission packet, visit www.scripps.org/conferenceservices.

Conference Location and Hotel Accommodations

San Diego, California

Join us in California's second largest city where January skies are typically sunny with daytime temperatures in the mid to high 60s. For information on San Diego's, beaches, activities, culture and more, visit www.seeyouinsandiego.com.

Paradise Point Resort

1404 Vacation Road
San Diego, California 92109
Reservations: 800-344-2626
Hotel Direct: 858-274-4630
www.paradisepoint.com

The Resort

Paradise Point Resort is a lush island retreat tucked away on San Diego's Mission Bay. The private, 44-acre island offers luxury in the most peaceful of settings where you'll be surrounded by gentle waters, green foliage and tropical gardens. Amidst the natural beauty, you'll find many pathways and hideaways to stimulate your senses, clear your mind and refresh your spirit. The newly remodeled meeting space overlooking the bay provides the perfect complement to the conference: productive and peaceful at the same time. Paradise Point also offers a large selection of indoor and outdoor activities:

- World-class spa
- 5 pools, including lagoon and waterfall pools
- 1.3 miles of sandy beach
- Gourmet waterfront dining
- Jogging/walking paths
- Water sports including kayaking, water skiing and sailing

Your Hotel Room

All the California bungalow-style accommodations are artfully decorated, spacious rooms filled with plenty of light and amenities to satisfy your every need and enhance your stay. All rooms include private patios, refrigerators, microwaves, marble bathrooms and:

- complimentary parking
- complimentary high-speed internet
- complimentary use of the fitness center

Please make your own hotel reservations and request one of the following Scripps Natural Supplements Conference reduced rates: *(excluding tax)*

$199 Garden Room	$249 Garden Suite
$229 Bayside Room	$299 Bayside Suite

Make your reservations early! A block of rooms is being held for us until December 22, 2008. After this date, reservations will be accepted on a space and rate availability basis only.

Save the Dates!

Natural Supplements: An Evidence-Based Update

January 21-24, 2010 • Paradise Point Resort • San Diego, California

Destination Health: Renewing Mind, Body and Soul

October 12-17, 2008
Kauai Marriott Resort & Beach Club
The Garden Island of Kauai, Hawaii

October 18-23, 2009
Venue TBD
The Garden Island of Kauai, Hawaii

The Science & Clinical Application of Integrative Holistic Medicine

In collaboration with the American Board of Integrative Holistic Medicine

November 17-22, 2008
Paradise Point Resort
San Diego, California

October 4-9, 2009
Marriott Westfields Washington Dulles
Washington D.C.

Integrative and Holistic Nursing Conference: Bringing Healing to You and Your Patients

May 15-16, 2009
Schaetzel Center
Scripps Memorial Hospital
La Jolla, California

Registration & Information

Natural Supplements:
An Evidence-Based Update 2009

Full Conference Registration

Included: Course tuition, breakfasts, breaks, lunches, reception, and course materials (syllabus and CD-ROM). Also includes 6-month access to *Natural Medicines Comprehensive Database* w/30+ CME credits, evidence-based ratings *(NMBER)* on all commercially available products and *Natural Medicines Watch* to report and study adverse events w/natural medicines.

Not included: Pre-conference seminar and tour. Additional registration and fees required (see below).

	After Dec. 12	
.....$595	.....$645	Physicians
.....$475	.....$525	Health Care Professionals *(nurses, residents, fellows, acupuncturists, nutritionists, etc.)*
.....$350	.....$400	Non-Medical Community/Full-Time Students/Poster Presenters
.....$350	.....$400	Day Rate: Fri Sat or Sun *(circle one - does not include Thursday pre-conference seminar or tour)*

Other Registration Fees

Not included in full registration fees.

	After Dec. 12	
.....$500	.....$600	Seminar: Bringing Integrative Medicine to Your Practice
.....$75		Botanical Gardens Tour
.....$225		Course Materials (Syllabus and CD-ROM w/ presentations and audio; one copy included in full registration, indicate # of additional copies .....)

On-site Registration

Please note, pre-registration will be accepted through January 15, 2009. After this date, registration will only be accepted on-site and will incur an additional $25 fee.

To Register

Online www.scripps.org/conferenceservices
Fax 858-652-5565
Phone 858-652-5400
Mail Scripps Conference Services & CME
Natural Supplements Conference
11025 North Torrey Pines Road
Suite 200, Maildrop: SCRC 200
La Jolla, California 92037

Questions?

Scripps Conference Services & CME
Phone 858-652-5400
Email med.edu@scrippshealth.org

Confirmation Packet

Upon receipt of your completed registration form, a confirmation packet will be sent. If you have not received it within two weeks, please contact the Scripps Conference Services & CME office.

Refund, Substitution and Cancellation Policy The course tuition is refundable, minus a $100 processing fee, if your cancellation is received in writing no later than January 15, 2009. Attendee substitutions are allowed, but notification must be made in writing by January 15, 2009. After this date, under no circumstances will refunds, credits, or substitutions be granted. No refunds or credits will be given to "no shows." Scripps reserves the right to cancel this conference, in which case a full refund of your registration fee will be provided. We are unable to refund any travel costs (flight, hotel, etc.) in the case of Scripps cancellation.

Recording and Photography Clause Scripps reserves exclusive rights to record (audio and video) and/or photograph all conference proceedings for use in marketing materials, presentations and course content sales.

Please print clearly and complete all areas: **Promotional code:** .....

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___ Nurse
___ Dietitian
___ Chiropractor
___ Acupuncturist
___ Naturopath
___ Homeopath
___ Herbalist
___ Other: _____

2. Do you already provide integrative medicine?
___ Yes
___ No

3. Indicate your primary job responsibility.
___ Direct patient care
___ Research
___ Teaching
___ Administration
Other:_____

4. Indicate your primary occupational setting.
___ Private Practice
___ Hospital/Clinical Facility
___ Corporate/Industry
___ Medical School
Other:_____

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Scripps Center for
Integrative Medicine

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Attendee Evaluation Comments from the 2008 Conference:

- "Evidence-based information that I can use and impart to my colleagues and patients."-Pamela G.
- "This was my first time and it was totally awesome. I wish everyone practiced this way and it is so refreshing to hear such experts in the field discuss the importance of integrating western medicine with more holistic and alternative therapies!"-Nancy H.
- "Great conference – one of the best on this subject"-Phil G.
- "So impressed with quality overall of material and speakers presented." -Nanette F.
- "I loved the whole thing... I really appreciate having the CD included. I get a lot more out of the lectures when I can listen to them again."-John P.

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Scripps Course Directors:
Robert Bonakdar, M.D • Mimi Guarneri, M.D. • Rauni Prittinen King, R.N.

Guest speakers include:
Tom Aarts • Jeffrey Bland, Ph.D. • Mark Blumenthal • Steven Brody, M.D.
Paul Coates, Ph.D. • Rebecca Costello, Ph.D. • Annette Dickinson, Ph.D.
Paula Gardiner, M.D. • Philip Gregory, Pharm.D. • Mary Hardy, M.D.
David Kiefer, M.D. • Andy Laub • Tieraona Low Dog, M.D. • David Perlmutter, M.D.
Scott Shannon, M.D. • Victor Sierpina, M.D. • Jason Theodosakis, M.D.
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Special activities include:
Pre-conference seminar, botanical gardens tour, workshops, reception and research competition with poster presentations.

Continuing Education Credits Available for:

Physicians
Acupuncturists
Chiropractors
Dietitians
Naturopathic Doctors
Nurses
Nurse Practitioners
Nurse Midwives
Pharmacists
Physician Assistants
Psychologists